



St Anthony's Parish



St Bernard's Parish

67-74 EXFORD ROAD, MELTON SOUTH, 3338.
P.O BOX 2152 MELTON SOUTH 3338
TEL: 9747 9692 FAX: 9746 0422

61 LERDERBERG STREET, BACCHUS MARSH 3340
TEL: 5367 2069 FAX: 5367 4863
OUR LADY HELP OF CHRISTIANS, KOROBET
309 MYRNIONG-KOROBET ROAD 3341

PALM SUNDAY OF THE PASSION OF THE LORD

YEAR C

14th April 2019

PARISH PRIEST: Fr Fabian Smith

ASSISTANT PRIESTS: Fr Patrick Bradford & Fr Joseph Panackal IV Dei

ST ANTHONY'S PARISH

Parish Secretary: Lesley Morffew

Admin Assistant: Judy Johnson

Parish Office Hours:

Mon 9.00am-4.00pm Tue 1.00pm-5.00pm

Wed—Thurs 9.00am-5.00pm Friday 9.00am-4.00pm

Email: meltonsouth@cam.org.au

Website: stanthonysmeltonsouth.wordpress.com

St Anthony's School Principal: Damien Schuster

Wilson Road, Melton South 3338

Phone: 9743 1401

Email: principal@sameltonsth.catholic.edu.au

Website: www.sameltonsth.catholic.edu.au

Catholic Regional College - Melton (Years 7-12)

Principal: Mr Mark Sheehan **Phone:** 8099 6000

Website: www.crcmelton.com.au

ST BERNARD'S PARISH

Parish Secretary: Dolores Turcsan

Admin Assistant: Judy Johnson

Sacramental Coordinator/ Bookkeeper:

Naim Chdid Fri 10.00am—3.00pm

Parish Office Hours: Tue –Thurs 9.00am-1.00pm

Email: bacchusmarsh@cam.org.au

Website: http://pol.org.au/bacchusmarsh/Home.aspx

St Bernard's School Principal: Emilio Scalzo

19a Gisborne Rd, Bacchus Marsh VIC 3340

Phone: (03) 5366 5800

Email: principal@sbbacchusmarsh.catholic.edu.au

Website: www.sbbacchusmarsh.catholic.edu.au

ST ANTHONY'S PASTORAL COUNCIL

Sue Alexander	0400 171 843
Lillian Christian	0400 441 257
Stephen Fernandes	0439 743 533
Amy Honrade	03 9747 0078
Natalie Howard	0410 478 046
Rose Ma'ae	0431 386 473
Marthese Mercieca	0421 378 691

EX-OFFICIO:

Fr Fabian Smith PP, Fr Patrick Bradford, Fr Joseph Panackal
and Damien Schuster Council Secretary: Judy Johnson

ST BERNARD'S PASTORAL COUNCIL

Cathy Belcher	0431 082 886
Shane Cook	0419 999 052
Peter Farren	0418 594 501
David Loxley	0459 974 960
Moira Ross	0400 675 056
Emillio Scalzo	5366 5800
James Waters	0403 822 795

EX-OFFICIO:

Fr Fabian Smith PP, Fr Patrick Bradford, Fr Joseph Panackal
and Emilio Scalzo

CHILD SAFETY OFFICERS

Coordinator: Godwin Barton (0425 734 449)

Officers: Aloysious Dacunha, Karina Dunne & Lorraine Tellis

Please contact Judy Johnson for any Parish news you would like published in the Newsletter

Articles must be received by midday Tuesdays. Email: judyparishnews@gmail.com

For appointments with Father Fabian please call Judy on 0414 007 009

For urgent matters only please call Fr Fabian on 0403 435 471

MASS AND DEVOTIONS

ST ANTHONY'S MELTON SOUTH

MASS TIMES : 15th April-21st April

Monday:	7.30pm	FFS
Tuesday morning:	No Mass	
Tuesday evening:	6.30pm	FJP
Week 5 Novena to St. Anthony		
Wednesday:	9.15am	FFS
Thursday:	Please see page 3 'Easter Liturgy Timetable' for details of Easter Services	
Friday:	Please see page 3 'Easter Liturgy Timetable' for details of Easter Services	
Saturday Vigil:	8.00pm	FJP
Sunday:	8.30am	FJP
	10.30am	FJP

INDIVIDUAL RECONCILIATION

Saturday: 4.45pm and before and after weekday Mass.

ROSARY:

Prayed at 9.00am before every weekday Mass.



ADORATION:

30 min. before and 30 min. after every weekday Mass.

CRC MELTON CHAPEL: 8.00am

Resume Term 2 Tuesday 23rd April.

ST BERNARD'S BACCHUS MARSH

MASS TIMES : 15th April-21st April

All weekday Masses (except Thursday) will be held in the Chapel

Monday :	No Mass	
Tuesday	No Mass	
Wednesday :	9.30am	FPB
Thursday :	Please see page 3 'Easter Liturgy Timetable' for details of Easter Services	
Friday:	Please see page 3 'Easter Liturgy Timetable' for details of Easter Services	
Saturday Vigil :	7.30pm	FPB
Sunday :	8:30am	FPB
	10.00am	FPB

INDIVIDUAL RECONCILIATION

Saturday: 4.30pm and before and after weekday Mass.

ROSARY:

Prayed every Monday at 7.30pm with Exposition of the Blessed Sacrament for one hour.

Rosary is also held on the first Friday of the month following morning mass.

Next Date : **Friday 3rd May**



ADORATION:

30 minutes before every weekday Mass.

PROVIDENCE MASS

Is held on the second Friday of the month at 11.00am
The Village 5-7 Griffith St, Maddingley.

Next Mass: **Friday 10th May**

SENIOR PARISHIONER'S MASS

The next seniors monthly Mass is due for 19th April which is Good Friday. **As there can be no mass on Good Friday the April Mass has been cancelled.** A warm invitation is extended to all parishioners to come along and join with the seniors in celebration of the Eucharist on **Friday May 17th.**

OUR LADY HELP OF CHRISTIANS KOROBET

MASS TIME:

Easter Sunday 8.30am FFS

NEWS FROM THE ARCHDIOCESE

PROJECT COMPASSION



Living with a disability was challenging for Nguyet. Since featuring in Project Compassion 2017 Nguyet has successfully built her own business, a dream that has become a reality with the support of Caritas Australia. Nguyet has become independent, an important member of her community and has great hope for her future. **Please donate to Project Compassion 2019 and give children living with disabilities in Vietnam the opportunity for an education and inclusion in their community. Lives change when we all give 100%.** You can donate through Parish boxes and envelopes, by visiting www.caritas.org.au/projectcompassion or phoning 1800 024 413.



PARISH EVENTS & NOTICES

Dear Parishioners of St Anthony's & St Bernard's

There is an age old saying that men get naughty at Four O Forty. Well I will be turning 40 on 15th April. Since you keep me so busy and there is no way to be naughty I am hosting three parties to celebrate my 40th. **One** to celebrate with my family and friends and parish council members of both parish communities and two with all of you. The **second** party at **Padua Hall** at 6.30pm on **Saturday 27th April** (Dinner) at 67-75 Exford Road, Melton South and the **third** at **St Bernard's Parish Centre** (Morning Tea) after 10am Mass on **Sunday 28th April**. Please join me to celebrate this milestone. If you are able to attend the dinner at St Anthony's on Saturday 27th or the Morning Tea on Sunday 28th at St Bernard's please let me know by writing your name and number of attendees for either events on the clipboard at rear/foyer of the Church.

Many blessings Fr Fabian

NEWS FROM THE PARISH OFFICES

ST ANTHONY'S

EASTER FLOWERS

We will be having a special collection for Easter Flowers this weekend. We will also have a box on the Sanctuary for donations for Easter Flowers. Thank you.

EASTER VIGIL—SUPPER

If you are attending the Easter Vigil you are invited to bring a plate to share for after the service. Thank You

PRIME TIMERS

Our next outing will be on Tuesday 30th April to Soltan Pepper Restaurant 118 Main St. Romsey. If anyone needs a lift, please contact John or Lois 97436582.

ST BERNARD'S

EASTER MONDAY 22nd APRIL - 10:00AM MASS

St Malachy's Byres Road, Blackwood.

VINNIES' FASHION PARADE

Sunday 5th May 2019 at 4:00pm in Vinnies store, 8 Grant Street, Bacchus Marsh.

Store will remain open after the show.

Tickets \$5 available after Mass with all proceeds going to SVDP and used for local community.

Tel: Vinnies store 8199 4205 or Snjezana 0455 112 540

EASTER LITURGY TIMETABLE—ST ANTHONY'S

Sunday 14th April Palm Sunday - Gather in Hall before all Masses for the Blessing of the Palms

Monday 15th April 7.30pm Mass

Tuesday 16th April No morning Mass
Chrism Mass at St Patricks Cathedral East Melbourne. All welcome
6.30pm Mass

Wednesday 17th April 9.15am Mass

Thursday 18th April Holy Thursday
No morning Mass
7.30pm Mass of the Lord's
Last Supper followed by Night Prayer

Friday 19th April Good Friday
10.00am Stations of the Cross
3.00pm The Passion of Our Lord
7.00pm Veneration of the Cross
7.30pm Evening Prayer

Saturday 20th April 8.00pm Vigil Mass
Please gather at rear of Church
For the Service of Light.

Sunday 21st April Easter Sunday
8.30am Mass
10.30am Mass

EASTER LITURGY TIMETABLE—ST BERNARD'S

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No morning Mass
7.30pm Mass of the Lord's
Last Supper followed by Night Prayer .

Friday 19th April Good Friday
Good Friday Stations of the Cross and Devotions
Josefina Maria's Two Hearts Centre
274 La Cote Road, Greendale, VIC 3341
10:30am: *Please meet in the Chapel*
Stations of the Cross using our new Stations of the Cross walk (or in our Chapel if weather not suitable)
Office of Readings for Good Friday in the Chapel (Prayers of the Church) Concluded by a solemn Good Friday hymn
Contact Number: [0415 806 217](tel:0415806217)

11.00am Ecumenical Way of the Cross.
A re-enactment of Christ's Passion & Death by way of a street-side procession starting in the Foodworks carpark.

3.00pm The Passion of Our Lord

Saturday 20th April 7.30pm Vigil Mass
Please gather in Church carpark
For the Service of Light.

Sunday 21st April Easter Sunday
8.30am Mass
10.00am Mass

KOROBET 8.30am Mass -No Saturday Mass 20/4

WORSHIP NEWS

ALL VOLUNTEERS IN OUR PARISH MUST HAVE A CURRENT WORKING WITH CHILDREN CHECK

ST ANTHONY'S MINISTRIES

NEXT WEEKEND ROSTER: Triduum Services

HOLY THURSDAY MINISTER OF THE WORD 7.30pm

Lorraine Tellis & John Little

HOLY THURSDAY EXTRAORDINARY MINISTERS

Villy Julita, Doris Bonello, George Bonello, Philp Anyayahan, Ann Tennakoon & Lillian Christian

GOOD FRIDAY MINISTER OF THE WORD 3.00pm

Michael Higgins & Marian Muller Passion: Anthea Scerri

GOOD FRIDAY EXTRAORDINARY MINISTERS

Villy Julita & Carmen Vella

EASTER VIGIL MINISTERS OF THE WORD 8.00pm

Readers will be contacted.

EASTER VIGIL EXTRAORDINARY MINISTERS

Doris Bonello, George Bonello, Lorraine Tellis, Marthese Mercieca, Philip Anyayahan & Josephine German

EASTER SUNDAY MINISTERS OF THE WORD:

8.30am: Rosabella Tuala & Marian Muller

10.30am: Leonia Jessop

EASTER SUNDAY EXTRAORDINARY MINISTERS

8.30am : Lillian Christian & 2 Volunteers Please

10.30am: 2 Volunteers Please

MASS COORDINATORS- EASTER SUNDAY

8.30am: Godwin Barton & Ken Dumandan

10.30am: Godwin Barton & Josephine German

ST ANTHONY'S PASTORAL CARE

We pray for the recently deceased: Kika Jessop

We pray for the death anniversary at this time of:

Joseph Aquilina, Emmanuela Borg, Joseph Borg, Susan Boslem, Caroline Galanti, Carmelo Giordamaja, Charles Giordmaina, Carlo Lloyd, Fred Pullicino & Tony Pullicino

Please pray for the Sick: Michael Wright, Jean Barnett, Nickolia & Klara Butkovic, Maria Caruana, Mary Caruana, Margaret Hall, Judy Layton, Peter Manicaro, Veronica Michael, Wanda Novak, John Osborne, Irene Rahilly, Catherine Roberts, Peter Roberts, Pat Roberts, Charlie Spiteri, Clint Abela Wadge, & John Xuereb and all those who have requested our prayers.

(PLEASE LET US KNOW WHEN YOUR LOVED ONE IS NO LONGER REQUIRED ON THIS LIST)

PRAYER FOR THE SICK

Father we lift up all those who are facing illness. We ask that You bring healing, comfort and peace to their bodies. Calm their fears and let them experience the healing power of your love. Amen



ST BERNARD'S MINISTRIES

NEXT WEEKEND ROSTER: Triduum Services

Ministers of the Word and Extraordinary Ministers will be contacted for Triduum Services.

PRAYERS OF THE FAITHFUL ROSTER

April: John Thorne

ALTAR SERVERS

5.00pm: Farrell Family

8.30am:

10.00am: Lindorff Family

ST BERNARD'S PASTORAL CARE

SPIRIT OF THE TWO HEARTS YOUTH GROUP

Experience faith, friendship and fun.

Age group: 11-30years When: Every Thursday fortnight, 7:15pm - 9:15pm (see website for details)

Where: CHANGE OF LOCATION: St. Bernard's Chapel and Parish Hall (61 Lerderderg Street, Bacchus Marsh) Contact: Sister Clare 0415 806 217 or

Email : twoheartscentre@bigpond.com

Website: www.missionariesofloveandpeace.com

'Coordinated by the Missionaries of Love and Peace of the Most Blessed Trinity of the Pilgrimage of the Two Hearts'

We pray for the recently deceased:

Colleen Lamb and Nikola Vulic

We pray for the death anniversary at this time of:

Dorothy Bourke, Ada Judge, George Maver, Melva O'Brien, Mary O'Grady, Daphne Pocock, Gerry Reilly, Marie Sommerfeld & Doris Storey.

Please pray for the Sick:

Terry Sims, Noah Barlow, Dudley Baddeley, Michael Barrett, Peter Bennett, Steven Braszel, Kevin Bridges, John Canty, Fred Capuano, Gary Ching, Ted Cooling, Lindsay & Kathleen Dally, Judy Delahey, Jack DeLuca, Allison Evans, Helen Evans, Justin Fernandez, Pasquale Gagliarbi, Mario Galea, Cynthia Goodyear, Gwen Green, Joe Gristi, Brian Harrison, Adam Hillier, Elle Hillman, Kiahni Holamotutama, Alicia Holborn, Matthew Jansen, David Kasprzak, Loretta Kervin, Marie Maloney, Patricia Marechal, Debbie Marshall, Jordanis Maryo, Pauline McDonald, Ian McKechnie, Danny McRae, Marcus Meno, Paul Mullin, Kevin O'Gorman, Arthur Pape, Michael Paterson, Georgia Peacock, Bev Pickett, Mitchell Prendergast, Peter Roberts, Ken Shaw, Marian Smith, Frank & Elizabeth Stehmann, Susan Trist, Hayden Tung, Mitchell Tung, John Van Orsouw, Angela Vicum, Louis Vogels, Barry Walsh, Mary Walsh, Carol Wells, Cath Wheelahan, Jayne Wilkins, Nils Wyren, Patricia Yazbek, Betty Young & Hannah Young.

(PLEASE LET US KNOW WHEN YOUR LOVED ONE IS NO LONGER REQUIRED ON THIS LIST)



SERVICE / COMMUNITY

ST ANTHONY'S

VOLUNTEERS WEEKEND: 20th & 21st April

PIETY STALL VOLUNTEERS

5.30pm: Liza Fernandes
8.30am: Edwina La Rose
10.30am: Indika Silva



CUPPA ROSTER

Cuppa Weekend: **27th & 28th April**

5.30pm: Josephine Sultana & Carol Fonua
8.30am: Geoff Sutton & Skye James
10.30am: Anne Nappi & Doris Bonello

CHURCH FLOWERS—APRIL

Ana Taunuu & Roperta Mavaega



CLEANING ROSTER: Thursday

Lorelle Porter

Volunteers would be appreciated as well.

SERVICE AND COMMUNITY QUADRANT

Volunteers are required for the following groups:
Piety Stall & Social Committee.

Contact:

Natalie Howard	0410 478 046,
Amy Honrade	0457 042 695
Lillian Christian	0400 441 257

ST VINCENT DE PAUL SOCIETY

Welfare Number: 1800 305 330

The Melton South Conference meet every 3rd Tuesday morning in the Holy Family Room 10.00am.

New members most welcome, training provided.

Non perishable items within the use by date can be left in the 'drop box' at the back of the Church. Thank you.

COMBINED CHURCHES CARING MELTON INC

CCCM's aim is to supply free food to help people in our local community in need and walk alongside them to reduce dependency through friendship and education.

Address: 100 Coburn Road Melton South 9747 6811

Hours: Mon– Thurs:	10.00am—3.00pm
Friday :	10.00am—12.15pm
School Holidays :	10.00am—12.30pm

ST BERNARD'S

VOLUNTEERS WEEKEND : 20th & 21st April

PIETY STALL VOLUNTEERS

Saturday: Jan & Colm
Sunday: Mandy Harrington

MORNING TEA ROSTER

Is held on the first Sunday of the month in the Parish Centre after 10.00am Mass.

Next Morning Tea: **5th May 2019**

Host: St Vincent de Paul Society



CHURCH FLOWERS

Volunteers Please



COUNTING TEAM # 5

Pat O'Leary
Jo Cowan
Peter Lafranchi
Frank Pomeroy
Stuart Robertson

PRESBYTERY & CHURCH GROUNDS- (April)

Front Garden:	Volunteer Please
Back/Side Garden:	Volunteer Please
Parish Centre:	John Tung
Carpark/Pines:	John Tung
Back Paddock:	Ron Geurts

ST VINCENT DE PAUL SOCIETY:

Welfare Number is 1800 305 330.

The Vinnies Store is located at 8 Grant Street, Bacchus Marsh. The store is open 7 days a week. If you are able to volunteer and would like some more information, please contact the Store Manager on 8199 4205.

THE NEIGHBOURS PLACE

Emergency Foodbank and Hospitality centre

Address: 77 Main Street Bacchus Marsh

Open: Monday/Wednesday/Friday 9.30am-3.00pm

Email: neighbourspl@inet.net.au

SOUL FOOD

Soul Food provides a free community meal each Wednesday (excluding school holidays), in the Uniting Church Hall, Gisborne Rd, Bacchus Marsh. Meals are served up at 12noon. All are welcome and this is a free event. No need to book, just come along.

Contact: Jenny Kearney 0408 104 155

PARISH CENTRE BOOKING

Tel: 5367 3427 Mon—Fri 9.00am to 6.00pm

Hall Managers: Marie & Terry Casey

FAITH FORMATION

ST ANTHONY'S

BAPTISM PREPARATION PROGRAM

Held on the fourth Thursday of the month in the Church 6.30pm-7.45pm.

(No Preparation on ANZAC Day)

Next preparation : **Thursday 2nd May**

Baptisms are held on the 1st and 3rd Sunday of the month: **5th & 19th May**

See details on Parish Homepage as listed on front page and download forms. Forms are also available from the Parish Office or from the Sacristy after Mass from Father. Both parents are required to attend these meetings. We kindly request adults only and a copy of the birth certificate.

Contact Fr Fabian, Fr Patrick, Fr Joseph or the Parish Office for queries.

BAPTISM TEAM: Karina Dunne & Judy Johnson

ADULT PREPARATION for the Sacraments of Baptism, Reconciliation, Eucharist or Confirmation are through the R.C.I.A Program. Please see Fr Fabian, Fr Patrick or Fr Joseph .

CHILDREN'S LITURGY Is held during Saturday evening Vigil Mass and Sunday 10.30am Mass.

DIVINE MERCY: 1st Sunday of the month at 3pm .

FATIMA STATUE

These families are praying together for the mission of the Parish:

Group 1: **Theresa Anderson** 0402 820 118

Group 2: **Gordon & Gladys Clarke** 0402 021 435

Group 3: **Santos & Liz Schembri** 5367 1681



ST BERNARD'S

BAPTISM PREPARATION PROGRAM

Held on the fourth Sunday of the month in the Parish Centre at 11:15am.

Next program: **Sunday 28th April**

Baptisms are held on the 1st and 3rd

Sunday of the month: **5th & 19th May**

Registration forms can be downloaded from our website

www.pol.cam.org.au/bacchusmarsh. Bring completed

Registration Form with a copy of Birth Certificate to the

program. Please note: Both parents are required to

attend the program. Contact Fr Fabian, Fr Patrick,

Fr Joseph or the Parish Office for queries.

COORDINATORS : Justin & Katie

ADULT PREPARATION for the Sacraments of Baptism, Reconciliation, Eucharist or Confirmation are through the R.C.I.A Program. Please see Fr Fabian, Fr Patrick or Fr Joseph.

CHILDREN'S LITURGY Is held every Sunday during 10.00am Mass in the meeting room in the Parish Centre.



PRAYER TO ST MICHAEL

St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the Devil; may God rebuke him, we humbly pray, and do thou, O Prince of the heavenly host, by the power of God, cast into hell Satan, and all the evil spirits, who prowl through the world seeking the ruin of souls. Amen.



NICENO-CONSTANTINOPOLITAN CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

[bow during the next line]

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen

WEEKLY PRAYERS & READINGS

FIRST READING:

Isaiah 50:4-7

A reading from the prophet Isaiah

I did not cover my face against insult and I know I will not be ashamed.

The Lord has given me
a disciple's tongue.

So that I may know how to reply to the wearied
he provides me with speech.

Each morning he wakes me to hear,
to listen like a disciple.

The Lord has opened my ear.

For my part, I made no resistance,
neither did I turn away.

I offered my back to those who struck me,
my cheeks to those who tore at my beard;

I did not cover my face
against insult and spittle.

The Lord comes to my help,
so that I am untouched by the insults.

So, too, I set my face like flint;

I know I shall not be shamed.

The word of the Lord.

RESPONSORIAL PSALM:

Comm: My God, my God, why have you
abandoned me?

All: My God, my God, why have you
abandoned me?

All who see me deride me.

They curl their lips; they toss their heads.

'He trusted in the Lord, let him save him;
let him release him if this is his friend.'

Many dogs have surrounded me,
a band of the wicked beset me.

They tear holes in my hands and my feet.
I can count every one of my bones.

They divide my clothing among them.

They cast lots for my robe.

O Lord, do not leave me alone,
my strength, make haste to help me!

I will tell of your name to my brethren
and praise you where they are assembled.

'You who fear the Lord give him praise;
all sons of Jacob, give him glory.

Revere him, Israel's sons.'

All My God, my God, why have you abandoned me?

SECOND READING :

Philippians 2:6-11

A reading from the letter of St Paul to the Philippians

He humbled himself to become like us and God raised him on high.

His state was divine,
yet Christ Jesus did not cling
to his equality with God
but emptied himself
to assume the condition of a slave,

and became as men are,
and being as all men are,

he was humbler yet,
even to accepting death,
death on a cross.

But God raised him high
and gave him the name
which is above all other names

so that all beings
in the heavens, on earth and in the underworld,

should bend the knee at the name of Jesus

and that every tongue should acclaim

Jesus Christ as Lord,

to the glory of God the Father.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Praise to you, Lord Jesus Christ, king of endless glory!

Christ became obedient for us even to death,
dying on the cross.

Therefore, God raised him on high

and gave him a name above all other names.

Praise to you, Lord Jesus Christ, king of endless glory!

GOSPEL

Luke 22:14 - 23:56

The passion of our Lord Jesus Christ according to Luke.

COMMUNION ANTIPHON

Father, if this chalice cannot pass without my drinking it,
your will be done.

NEXT WEEK'S READINGS – EASTER SUNDAY OF THE RESURRECTION OF THE LORD

First Reading: Acts 10:34, 37-43;

Second Reading: Col 3:1-4

Gospel: Jn 20:1-9



The Catholic family: Raising children in a secular world XIX

Discipline: What works and why II

How do you show affection to your children?

You physically touch them. You welcome them on your knee and embrace them. You take their hand while walking together. You playfully squeeze them on the shoulder or arm. When walking by them as they're sitting someplace, you pat them on the head or ruffle their hair a bit. You invite them to sit next to you and pat them when they sit down. You give them a wink and a smile. You tell corny jokes and laugh at theirs. You tell funny stories and find other ways to share a good laugh, but without offending anyone. You whisper things in their ears. (Sometimes, when you feel like shouting something at your small children, have them sit on your lap instead and whisper it into their ear; this never fails to get their attention. And your correction comes across affectionately, as it should.)

You show happiness and pride in their accomplishments. You make praise every bit as specific as blame. (Parents tend to make blame specific but to put praise in vague generalities: "You've been a good girl this morning.") Praise them for a job well done, even when they've done it as punishment: "You did a great job making your bed this morning. Your room is spic and span, just the way it should be. Your homework looks neat and professional, and I'm proud of you." Children need sincere praise from time to time. In fact, we all do.

When you tuck them into bed, you linger a bit, just a couple of minutes to make small talk. Bedtime is a great occasion to talk things over with children, and listen to them. All their lives, they will fondly remember their bedtime chats with Mum and Dad.

Most of all, show affection with your eyes. You should listen to your children with your eyes. When you deliberately make eye contact with them, especially when they're speaking to you, you show how much you care for them. In your eyes they can read your soul—your love for them, your pride in them.

Somehow, mysteriously, normal children sense when their parents correct them out of love. Great parents correct *because* they love. Even though kids dislike the correction itself, deep down they grasp the love behind their parents' direction. Sooner or later, they understand that their parents' occasional wrath is aimed at their faults, not them personally.

Since you, as a parent, show plenty of affection in normal, non-confrontational situations in family life (which is most of the time), and because you always show willingness to forgive once apologies are made and punishment completed, your children sense the truth: that your whole life, including episodes of corrective punishment, devotes itself to their happiness. Later, and even before they're out of their teens, they will fully understand why your love moved you to act as you did, and they will thank you.

By James B. Stenson, ParentLeadership.com

4.) So, these things being said, what can you do to punish misbehaviour in fairly serious matters? Here is a list drawn from parents' experience:

- Physically, but painlessly, restrain the children. Take them by the hand or arm and remove them to some place private. Take both hands or wrists in yours, hold the children still, and look them in the eye. Say what you have to say in a low but "I-mean-business" way and keep at it until they've understood and said they are sorry.

- Remove them physically and make them spend what some parents call "time out": a few minutes of isolation away from the family, even in a closed room. Don't let them return until they've said they're sorry. (For very young children, you may have to supervise their time in a corner or other "punishment spot.")

- For older children, remove privileges. This means no games or television or use of the telephone. For teens, it might mean no phone calls or going out with friends or use of the car. (Teens who display thoughtless attitudes and uncontrolled impulsiveness are a menace on the road and shouldn't drive anyway. You can make this clear to them: only responsible, mature adults may drive the family car.)

- Put them to work. Have a so-called "job jar" at home. This is a receptacle containing slips of paper describing jobs to be done around the house. Let the malefactor pick out three slips and then choose one, which must then be done to your satisfaction. Also, if kids complain they're "bored" around the house, direct them to the job jar. Parents who do this hardly ever hear complaints from their kids about boredom.

If two siblings are quarrelling and won't stop after one warning, put both of them to work on the same project: cleaning dishes, raking leaves. This treatment usually brings about a reconciliation.

Many healthy families hold firmly to this policy: each child's bedroom is a place for study, reading, and sleep, period. Entertainment gadgets are only for common areas of the house, where people can enjoy them together. This policy has the happy side effect of eliminating distractions from homework. It works. And the kids learn that when we try to work and play at the same time, we wind up doing neither: leisure is really enjoyable only when we've earned it.

In any event, whatever method of correction you use with your small children, see it as an investment that will later yield high returns. Once you've established your authority in their youngest years, you've won most of the battle. When they're older, just a businesslike warning or flashing-eyed glare from you, or even your expression of "disappointment," usually works to restore cooperation. By that time, the kids know you mean business. In child rearing as in law (and especially with the Tax Office), there are few things as effective as a sincere threat.